# Problem Frames Worksheet

This worksheet helps teams explore multiple ways to frame or reframe a design challenge. Shifting the frame can lead to new insights, alternate perspectives, and more innovative solutions.

## Step 1: Original Problem Statement

Write the current working version of your design challenge below.

## Step 2: Frame It Differently (Try These Angles)

User-Centered Frame:  
What does this look like if you state it from the user’s perspective?

Outcome-Oriented Frame:  
What change, or result are you trying to create?

How Might We… Frame:  
Restate the challenge as an open-ended HMW question.

Barrier Frame:  
What is the obstacle preventing progress?

Systems Frame:  
What does the challenge look like from a systems perspective?

## Step 3: Prioritize & Reflect

Which of these frames offers the most clarity or creativity? Why?  
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Which frame best aligns with your users’ needs?  
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